



Kids' Cuisine

Digital edutainment about food traditions, local food consumption and sustainability for primary schools (children aged 8-12)



Kids Cuisine



The 17 SDG's

And how do we increase sustainability?



Edutainment

What is it?



Kids Cuisine videos



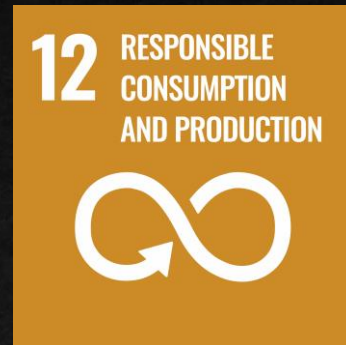
Try it yourself 😊

The 17 SDG's



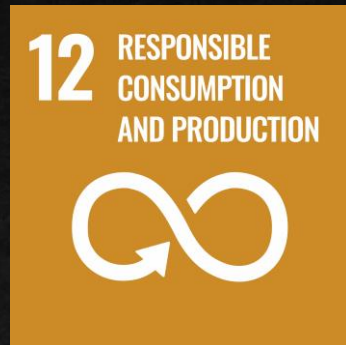
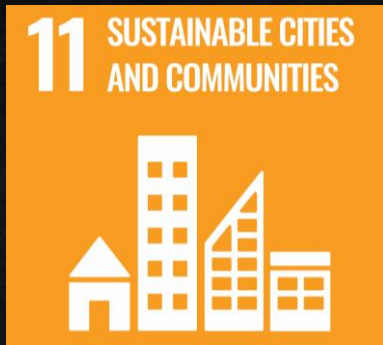
The 17 Sustainable Development Goals (SDGs) were established in 2015 for all nations, aimed at achievement by the year 2030. The 17 goals are also called the 17 SDG's

The 17 SDG's



SDG's no. 11, 12 and 13 all aim to make our food consumption sustainable, but in this way our communities will also be sustainable. ...Our country - resources and food - what is closest to us in each region?

The 17 SDG's



Our country - resources and food - what is closest to us in each region?

The 17 SDG's



Resources and food – what is closest to us at each location?

Edutainment

- What does edutainment mean ?
- Education + entertainment
- Can we learn beyond reading or listening?



Edutainment

- To participate, to do it yourself
- What is your country's food
- What is your country's food production?
- What food can we find in our country's nature?



Edutainment

- To obtain ingredients and cook yourself



WHAT IF THERE WAS NO SHOP NEAR US AND WE NEEDED TO GET SOMETHING TO EAT?

What do you think you could get that is close to you (from the local area) to eat or make a meal from?

Think about this for a moment.

Cook from local ingredients

- **Get food ingredients that are from your environment.** Something that grows near you, you can get the ingredients directly from the nature, directly from a farmer or fisherman, or at the store.
- **Cook the ingredients yourself**
- **Record a short video from the practical part (from you collecting the ingredients and cooking from it).** It is also fun to show features of your place, the harbour, nature or anything else as this allows others to learn about your place and what it has to offer in terms of food.





Kids Cuisine videos

- Here are videos made by children in other schools. Check these out for ideas:

Video from children in Northern Iceland:

- <https://www.youtube.com/watch?v=1cZ4cbi1Gd8>

Videos from children in Reykjavik, Iceland:

- <https://youtu.be/-gLmug5aevE>
- <https://www.youtube.com/watch?v=Z-Fa8U2Jsig&t=478s>





Your Kids Cuisine video

Please send Matís your video to this email address and it will be uploaded on Matís's Youtube site for Kids Cuisine (Krakkar Kokka in Icelandic) 😊

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Thank you!
Hope you had a good time
😊



4:25 / 7:58

